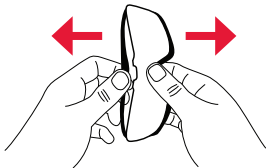


Removing Lens

1. Grab the center of the frame in one hand and the nose piece in the other



2. Pull in opposite directions until lens pops out of top of frame then remove lens from bottom of frame



Inserting Lens

Insert lens into bottom of frame, pulling frame apart insert top of lens into top of frame